



Race Manual

The Ryedale Grasscrete Grand Prix Cycle Races Sunday 18th August 2024



TO BE HELD UNDER BRITISH CYCLING
TECHNICAL AND NATIONAL SERIES
REGULATIONS



Permeable grass paving with Grasscrete



GrassConcrete

Grass Concrete Limited

Duncan House, 142 Thornes Lane, Thornes,
Wakefield, West Yorkshire WF2 7RE England

Tel: +44(0)1924 379443

Fax: +44(0)1924 290289



www.grasscrete.com

Welcome

To this 19th edition of the Ryedale Grand Prix, which follows on the theme of last year as the Ryedale *Grasscrete* Grand Prix. This branding recognises the contribution of Grass Concrete Limited our lead sponsor since day one of our event journey. Between us we've never really sat down to analyse, not just the financial input, but also the significant benefit in kind that comes our way, with even this document being published by the company's resources. It's safe to say however that it probably exceeds the cost of buying a very large house.

Of course every house needs a family and we are blessed with a family of volunteers who commit each year to the event and who now come together collectively as **Team Yorkshire**. For most of the volunteer team, who you'll see in our distinctive Yorkshire coloured shirts, this is a significant commitment. Ampleforth doesn't lie on many doorsteps and so the Team takes up residency each year in hostels dotted around the area. This in itself makes a large contribution to the local Tourism economy and helps to forge a mutual benefit with North Yorkshire Council, who have taken over the mantle of supporting the event, from the former Ryedale District Council.

Working in this way, we are able to develop the team spirit of which we are rightly proud and provide vital training opportunities, for volunteers who are able to experience the inside of a 'big race'. Over the years this has been a major factor in the development of Commissaires from Regional through to International status and for Organisers who have learned their craft on the event before going on to themselves promoting major events.

We shouldn't of course forget what it's all about and the impact the event has for riders and teams. The very first Grand Prix was promoted as the National Road Race Championships back in 2005, a feat to be repeated in 2008 and 2012, when we moved to our current Ampleforth venue from Duncombe Park in Helmsley.

Having been the Organiser throughout the event's history I've developed a habit of interrupting tv coverage of international races with the comment "*They did the Ryedale you know*" as riders and celebrities appear on screen. Now more than ever riders from these shores are taking their places at the top table of World cycling and I and fellow British Cycling National Series Organisers can look back at many of them developing their talent through our events.

Throughout each of the eighteen Ryedale's a key feature has been the relentless 'full gas' racing over circuits best described as 'challenging'. Maybe the hills are rolling, rather than mountainous, but when these contours combine with grippy roads the day is usually set to be attritional for all involved and a great watch for our spectators, especially within the magnificent Ampleforth Abbey grounds.

Please enjoy your Ryedale experience and make it a safe one.

Bob Howden OBE FRSA

Event Organiser



The Venue

AMPLEFORTH ABBEY

HQ Address:

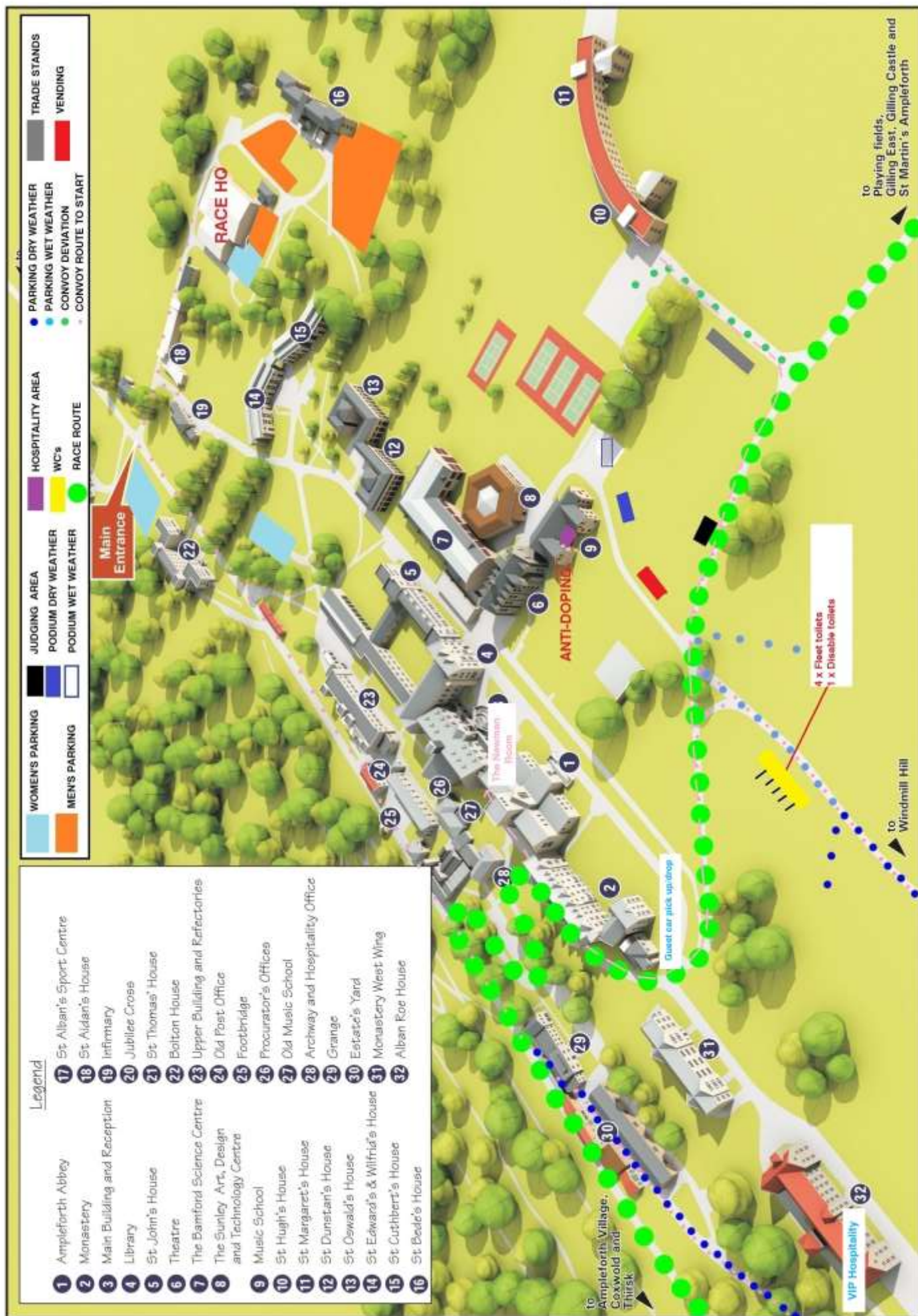
St Alban's Centre, Ampleforth Abbey Ampleforth, York, YO62 4HA, tel: 01439 766740

web: www.sac.ampleforthabbey.org.uk

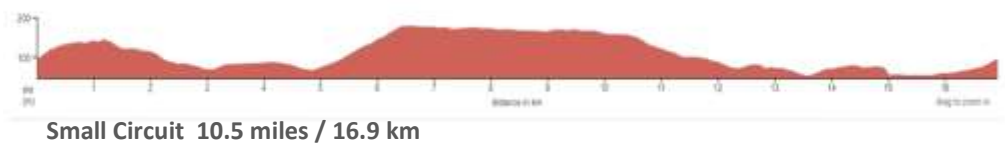
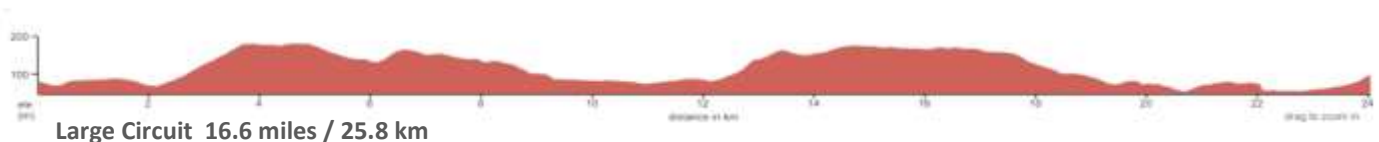
Since 2005 we have worked closely with the staff at the Abbey, in particular those based at the St Alban's Centre. The welcome and assistance gained has been a major factor in the development of the Ryedale Grand Prix and the former Ryedale Rumble Sportive. It's important to remember however that this incorporates a working Benedictine Monastery with an adjacent, but now separate residential college, it's vital therefore that we both respect and safeguard the needs of our hosts. To do so we would ask that a few basic restrictions are observed:

- 1) With two events on the same day, it's vital that we establish and maintain a smooth running parking system. So that riders and teams can depart easily from the Women's race it is important to follow the signage instructions. For the first event this sees parking just away from the HQ, it's a bit of a stretch, but it does mean you then won't be blocked in by vehicles attending the later Open race.
- 2) With each lap, the race passes along Snake Drive to the rear of the Abbey, this winding climb up to the main road passes by the Monastery's accommodation buildings. We would therefore ask that, sirens, horns, PA speakers be silenced along this section. There will also be restrictions in place that prevent spectators from gathering at this point. As an additional requirement Mass is taken in the Abbey at 10.00am and commentary activity will be 'toned down' during that time.
- 3) Ampleforth Abbey has made available accommodation within the adjacent campus, for riders, team and event officials. If riders and teams wish to take advantage of this, please contact the Abbey direct at <https://www.ticketsource.co.uk/whats-on/york/ampleforth-abbey/ryedale-grand-prix-accommodation/2024-08-17/15:00/t-qjqkpar>
- 4) The venue now features additional security measures, particularly with barriered entrances to certain areas. Please respect the security, particularly if staying in residence over the weekend.
- 5) The Estate's Head Groundsman is rightly proud of the condition of the grassland throughout the site in particular the cricket and rugby pitches, which are the envy of most schools. So, please keep away from the pitches and if directed to drive on at any grass please do so carefully. In all other circumstance please don't drive on the grass!
- 6) The weather in North Yorkshire can be famously unpredictable and if the event coincides with a particularly wet period we may need to review the parking arrangements. Some of these are currently detailed as being on grassland.

Ampleforth Abbey has kindly arranged to host food vending on the day for spectators, please be sure to help by disposing of all rubbish as directed. For riders and officials, cakes will be available in the race HQ after each event.



The Circuits



Race Distances

Women: 2 laps Large Circuit / 3 laps Small Circuit = 63.0 miles / 101.4 kilometres

Open: 3 laps Large Circuit / 5 laps small circuit = 100.6 miles / 161.9 kilometres

Timings

Women's Race

0700 hrs	Event HQ at St Alban Centre opens
0715 hrs	Signing on begins for Women's race*
0810 hrs	Race officials / Team Managers meeting
0825 hrs	Team Manager's convoy draw
0845 hrs	Signing on closes for Women's race
0900 hrs	Vehicle convoy departs together from HQ to go to start point
0910 hrs	Announcer's introduction
0915 hrs	START Women's race—scheduled finish 1227 hrs. Presentation 1240 hrs

Open Race

1145 hrs	Signing on begins for Open race
1255 hrs	Race officials / Team Managers Meeting
1300 hrs	Team Manager's convoy draw
1330 hrs	Signing on closes for Open race
1345 hrs	Convoy departs together from HQ to go to start point
1355 hrs	Announcer's introduction
1400 hrs	START Open race—scheduled finish 1825hrs. Presentation 1835 hrs
1840 hrs	Begin breakdown

Notes

* Officials involved with both races only need to sign-on once.

Event Officials

Organiser

Bob Howden OBE FRSA

Garden Gate Cottage, Intake Lane, Stanley, Wakefield, West Yorkshire, WF3 4HX.

Tel: 01924 379443 (day) 01924 826772 (evening) 07739 892056 (mobile) email: bobhowden@grasscrete.com

Women's Grand Prix

Chief Commissaire: Martin Bridgwood

No. 2 Commissaire: Scott Taylor

No. 3 Commissaire: Patrick Nestor

Moto Commissaire 1: Kevin Brown

Moto Commissaire 2: Malcolm Dixon

Blackboard: Hannah Pole

Radio Tour: Rob Finegan

Open Grand Prix

Chief Commissaire: Kevan Sturgeon

No..2 Commissaire: Tom Forbes

No. 3 Commissaire: Julia Gilbert

Moto Commissaire 1: Malcolm Dixon

Moto Commissaire 2: Kevin Brown

Blackboard: Hannah Pole

Radio Tour: Rob Finegan

All events

Race Director: Marc Etches

Chief Judge: Phil Makinson

Logistics: Ian Hirst & Pete Sutton

Hospitality: Ceri Howden

Signing on: Vanessa Etches
Jayne Tennick

Mandy Parker

Kay Lloyd

Radios: Pete Sutton

Safety Officer: Peter Root

Accounts Manager: Keith Scott

Provisions: Deb Sutton
Linda Habershon

Hospitality Manager: Ceri Howden

Podium Manager: Amy Partridge

M/C: Carl Lawrenson

It happens at the HQ

Access and parking

Only vehicles directly involved with the event will be allowed entry to the Race HQ grounds and use of the passes is vital to managing both the parking and the roll out. All women riders should display their magenta coloured passes to enable them to be directed by marshals to their own car park. Open UCI registered teams will be provided with “red pass” parking on the grassed area to the side of the HQ. Other teams will be allocated blue pass” parking to the rear of the HQ and to the overflow parking area along Infirmary Road. The area in front of the HQ is restricted to Race Officials and accredited press who will display “green passes”. This arrangement assumes dry ground conditions. Please note there will be limited parking around the HQ, back up vehicles.

Convoy assembly

As in previous years we'll line up the convoy in its order along Aumitt Lane, the approach road to the HQ. There is only a short drive to the start from that point and insufficient scope to re-shuffle cars into convoy order. It would greatly help therefore if we could achieve position at the HQ.

Signing-on

Registration and signing-on will take place in the Sports Hall of the St Alban's Centre with separate zones for the two races and for officials.

Official's food

For the benefit of race officials food bags can be collected at the beginning of the day from the Race HQ, sorry Team Managers you'll need to bring your own supplies. Could we ask that officials with vegetarian or special dietary needs contacts the Organiser by email at least 7 days before the race so that we can provide for you.

Media

Photographers must gain accreditation at the signing on desk, where bibs will be issued.

Official's briefings

Briefings will take place as identified in the “Timings” at the rear of the Sports Hall, please be on time. The Team Manager's Meeting will include the Convoy Team briefing which is limited to teams with 3 or more riders and a car with identifiable branding, an equipped roof rack, radio (see separate note) a Manager / driver and mechanic. A concurrent Marshals briefing will be held by Community Traffic Management in the Squash Court.

Payment of expenses

New for this year, expenses will now be paid electronically, please provide your banking details to Event Secretary Keith Scott on the day, or by email to the Organiser within 7 days after the race.

Rider briefing

Number positioning

All numbers (non-returnable) should be fixed as shown on the sample jersey that will be displayed at the Signing-on. Photo finish will be from the right. Please don't scrunch your numbers, aerodynamic they may be, but they can also become invisible to photo finish cameras. Frame numbers will be provided and must not be cut.

Transponders

Transponders will be provided at the signing on and should be returned to the same point. A failure to return to race HQ, or the return of a damaged transponder will result in a charge of £100 per transponder.

Assembly

Riders should line up as previously for the Ryedale Grand Prix. Along Infirmary Road in the HQ Grounds to then proceed as a convoy to the start, **PLEASE DO NOT MAKE YOUR OWN WAY TO THE START.**

Toilets

Toilet facilities are to be found at the HQ and at the start, not elsewhere. These are educational premises where any inappropriate toiletry activity would be in breach of Safeguarding regulations, which will lead to further action being taken.

Cut-off time

The race will be subjected to cut-off time of 10 minutes that only the Chief Commissaire in conjunction with the Police Bronze Commander is entitled to waiver. The cut-off point will be at the finish line under a Judge's black flag, where withdrawn riders will be recorded. Riders who have fallen behind the convoy bubble must observe normal Road Traffic Regulations. The Broom Wagon will follow the rear of the race working outside of the traffic closure bubble.

Litter drop

A litter drop area is positioned immediately after the feed zone, do not drop litter including bottles, gel wrappers etc., anywhere else on the circuit, to do so will result in disqualification.

Podium

The podium presentation will take place after each event. And will include the National Series Leader Jersey Award.

Riders attending the podium are requested to observe normal protocol particularly in respect of standard of dress, which shall be race clothing and in communicating with the Announcer.

Anti-doping

Please be prepared for the possibility of selection for anti-doping control, the positioning of which will be at the Music Room, identified as Building 9 on the Site Map. Rider numbers will be posted on the door of the two storey judging booth at the finish point.

Prize money

New for this year all prize money will be paid electronically. To claim your prize please reply via the following link within 7 days:
<https://tinyurl.com/Ryedale-GP-Prize-Money>

Medical Facilities

In addition to the provisions on the day facilitated by Julian Hall First Aid Services, the nearest A & E is to be found at York Hospital, Wigginton Road, York YO31 8HE (if Southbound) and James Cook Hospital, Marton Road, Middlesbrough TS4 3BW (if Northbound)

Start / Finish

Line-up

On arriving at the start riders must pass under the gantry and ride down to the deviation point to turn, where they will be held before being brought to a line 5 metres before the start line for gridding. On arrival **DO NOT STOP ON THE START LINE!** To do so, only results in chaos and a delayed start.

Media

As the finishing straight is only 3.00 metres wide the photographer's lines will be marked onto the adjacent turning head at the road junction after the finish. Only photographers wearing the issued hi-vis bibs will gain access.

Deviation

The finish deviation will turn in right towards St Hugh's House Block (Building 10) on the site plan. Drivers should park at the St. Hugh's House Block as directed by the marshals. All vehicles shall take the deviation as there is insufficient pull-up space in the congested area beyond the finish.

After finishing

Riders are asked not to ride back over the finish line after they have finished as this may influence the photo-finish and transponder operation. Please check with the judging team before doing so, or ride down the grass instead.

Feeding

Feed Zone

The feed area will be positioned approximately 500 metres before the finish. There will be a parking area available where all vehicles must park. Vehicles won't be permitted to park in the feed area proper. Access to the feed area proper will be limited to accredited helpers only.

The feed helpers should hand up feed from the left hand side only.

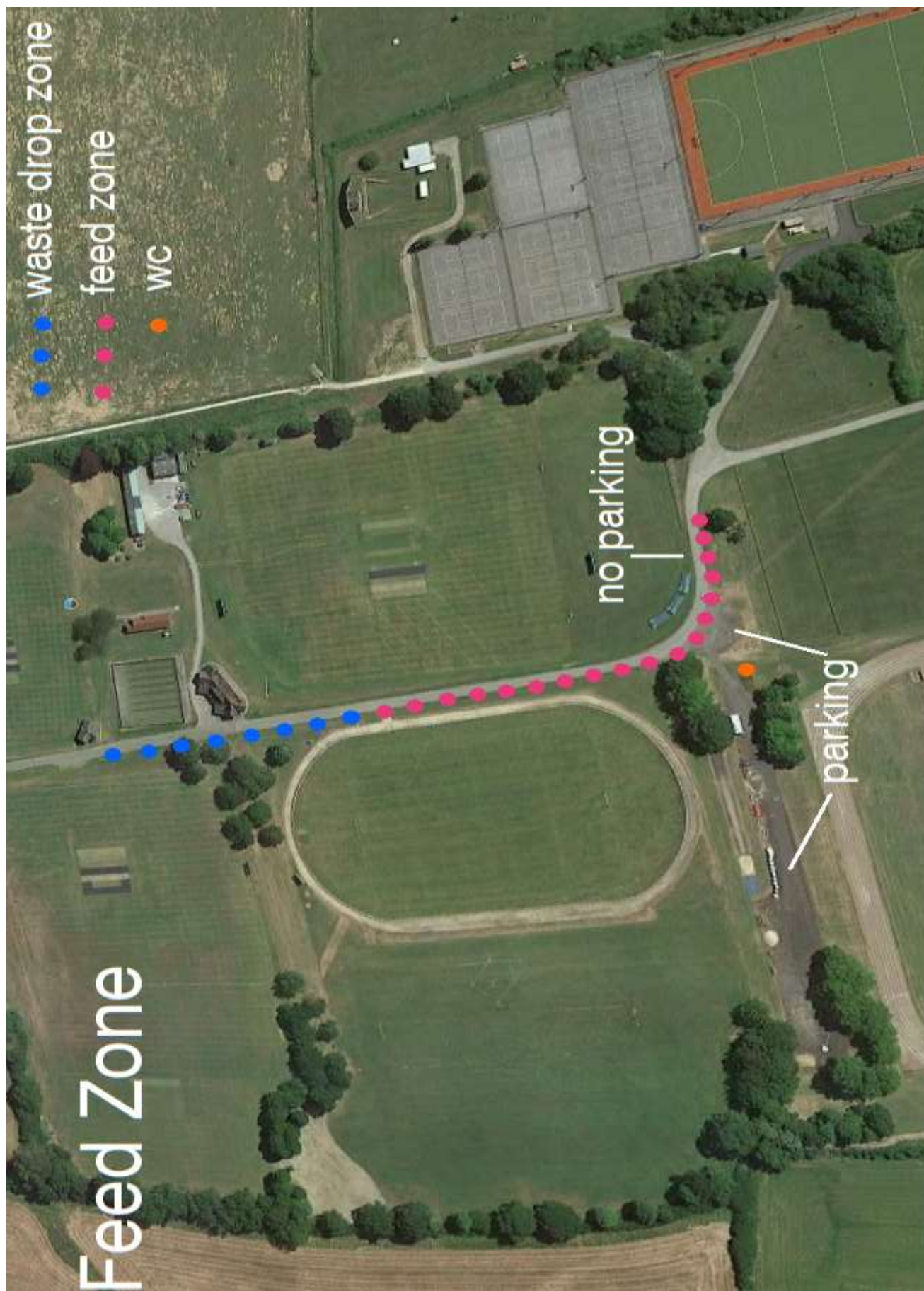
Feed timings

According to regulations feeding is permitted after 30km and until 20km to go. For harmonisation with the lap sizes this is adapted so that the Women's Race can feed from the end of Lap 1 until the end of Lap 4. For the Men's Race feeding will be from the end of Lap 1 until the end of Lap 7.

Litter

Please take your litter home, riders note, bottles and gel wrappers are hazardous to wildlife in countryside verges, don't throw them away. The Commissaires will be asked to disqualify riders who do so. There will be a designated waste drop zone immediately after the feed zone, please observe this.

There will be a portable toilet in the parking area. At the feed.



Race Convoy

Traffic notice

The event will operate under a Section 16A Traffic Order, with junctions controlled by Community Traffic Management Limited working in conjunction with volunteer marshals. The Police escort will control oncoming traffic in conjunction with the BC National Escort Team. Convoy drivers should proceed with all necessary caution within this structure and should retain vigilance and observance of wider traffic regulations including solid double white line road markings. The circuits are narrow so please overtake carefully, only when possible and not at marshalled junctions.

Radios

BC Licenced UHF 449 radios will be in use within the convoy and at each marshalling point around the course. Convoy Teams must provide their own radio set. The Channel numbers will be advised at the Briefing.

A radio check will be carried out before the start proper.

Vehicles experiencing radio trouble during the race should signal to the Moto Commissaire who will arrange for a replacement set. This should be obtained by pulling safely out of convoy position at the finish deviation.

BC radio protocol should be observed and communication should be restricted to only that which is essential, with team cars operating on a receive-only basis.

Race Escort

The motorcycle escort operation will be under the control of the Police Bronze Commander liaising with the Chief Commissaire. The convoy positioning will be under the control of the Chief Commissaire.

Race bubble

The Broom Wagon, will function outside of the Race Bubble and will therefore be subject to normal Highway Regulations. In this way the length of hold for traffic at junctions can be minimised, so as to cause minimum inconvenience to other road users.

Convoy protocol

From the feed area through the finish and up to the point of re-joining the main road the road width is generally limited to 3.00 metres. Convoy re-positioning must therefore not take place along this section of road unless directed by a Commissaire. Convoy drivers must not use the grass verges.

When attending to comfort breaks please do so discretely and away from the general public.

Please limit the use of horns and sirens, they must not be used within the upper Abbey grounds.

Please note that convoy order will be in accordance with the Series Regulations and will be confirmed by the Chief Commissaire at the briefing.

Media

TV and Photography work should be undertaken strictly in accordance with BC Protocol and control by the Commissaires.

Anti-collision devices

Please disable any anti-collision devices that are fitted to convoy vehicles, as they might otherwise be activated during convoy manoeuvres.

Convoy Positions

As line up at race start proper

Front Convoy ~Start of bubble



Police Advance Rider



Police & NEG Escorts



Race Director



Lead Car 2



Lead Car 1



Guest Car



Neutral Service 2



Commissaire 2



Rear convoy



Commissaire 1 / Radio Tour



Neutral Service 1



Medic



Commissaire 3



X Teams in order as detailed in Series Regulations



Ambulance



Police Last vehicle in convoy bubble

~End of convoy bubble



Broom Wagon

Moto-Commissaire, Blackboard, and TV bikes to be position as required

Prize Fund

	Women's Grand Prix	Open Grand Prix
1st	£600	£600
2nd	£450	£450
3rd	£360	£360
4th	£255	£255
5th	£210	£210
6th	£180	£180
7th	£150	£150
8th	£120	£120
9th	£105	£105
10th	£90	£90
11th	£75	£75
12th	£60	£60
13th	£60	£60
14th	£60	£60
15th	£45	£45
16th	£45	£45
17th	£45	£45
18th	£38	£38
19th	£38	£38
20th	£38	£38

Jersey award to the Overall
Leader of The National
Women's Series

Jersey award to the Overall
Leader of the National
Open Series

New for this year all prize money will be paid electronically. To claim your prize please reply via the following link within 7 days:

<https://tinyurl.com/Ryedale-GP-Prize-Money>

Women's Race Schedule

	Mileage / km	Location	Time
Lap 1 large circuit		Start / Neutralised	0915
1.2 / 1.9		← White Swan Ampleforth	0920
1.7 / 2.7	0.0 / 0.0	KILOMETRE ZERO at 60mph sign	0923
	2.7 / 4.4	→ Yearsley Moor	0930
	5.0 / 8.0	← Oulston	0937
	6.4 / 10.3	← Crayke Lane Crossroads	0941
	9.1 / 14.7	↑ Yearsley Crossroads	0948
	10.2 / 16.4	← Black Hill	0951
	12.9 / 20.7	← Fairfax Arms Gilling	0958
Lap 2 large circuit	14.9 / 24.9	Start lap	1006
	16.1 / 25.9	← White Swan Ampleforth	1009
	19.3 / 31.2	→ Yearsley Moor	1018
	22.2 / 34.7	← Oulston	1025
	23.0 / 37.0	← Crayke Lane Crossroads	1027
	25.7 / 41.4	↑ Yearsley Crossroads	1036
	26.8 / 43.1	← Black Hill	1039
	29.5 / 47.4	← Fairfax Arms Gilling	1046
Lap 3 small circuit	31.5 / 50.7	Start lap	1054
	32.7 / 52.6	← White Swan Ampleforth	1047
	35.9 / 57.9	← Yearsley Crossroads	1108
	37.3 / 60.1	← Black Hill	1111
	40.1 / 64.7	← Fairfax Arms Gilling	1118
Lap 4 small circuit	42.0 / 67.6	Start lap	1126
	43.2 / 69.5	← White Swan Ampleforth	1129
	46.4 / 74.8	← Yearsley Crossroads	1139
	47.8 / 77.0	← Black Hill	1142
	50.6 / 81.6	← Fairfax Arms Gilling	1149
Lap 5 small circuit	52.5 / 84.5	Start lap	1157
	53.7 / 86.4	← White Swan Ampleforth	1200
	56.9 / 91.7	← Yearsley Crossroads	1210
	58.3 / 93.9	← Black Hill	1213
	61.1 / 98.5	← Fairfax Arms Gilling	1220
	63.0 / 101.4	FINISH	1227

Open Race Schedule

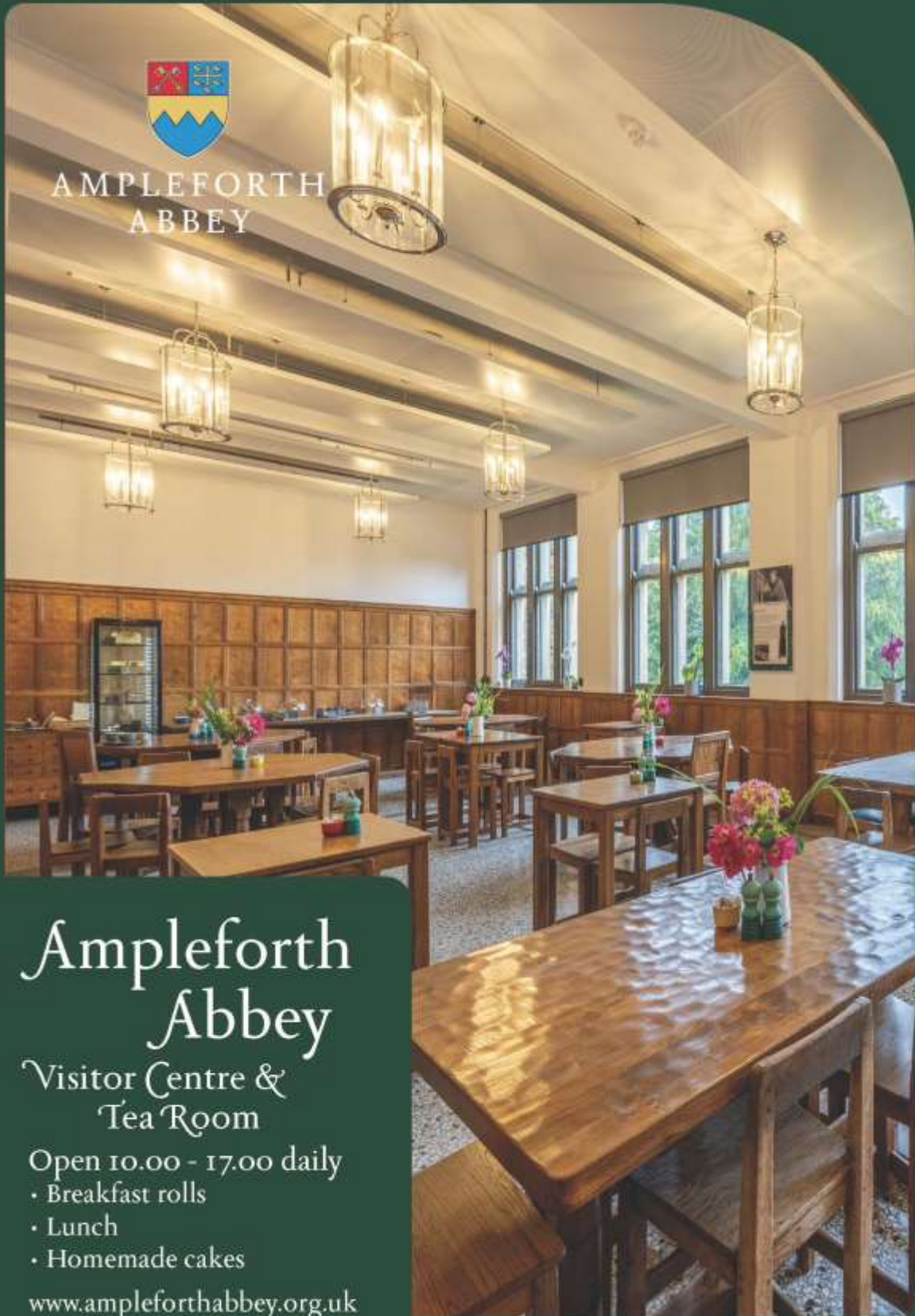
	Mileage / Km	Location	Time
Lap 1 large circuit		Start / Neutralised	1400
1.2 / 1.9		← White Swan Ampleforth	1405
1.7 / 2.7	0 / 0	KILOMETRE ZERO at 60mph sign	1408
	2.7 / 4.4	→ Yearsley Moor	1414
	5.0 / 8.0	← Oulston	1420
	6.4 / 10.3	← Crayke Lane Crossroads	1423
	9.1 / 14.7	↑ Yearsley Crossroads	1430
	10.2 / 16.4	← Black Hill	1432
	12.9 / 20.7	← Fairfax Arms Gilling	1439
Lap 2 large circuit	14.9 / 24.0	Start lap	1445
	16.1 / 25.9	← White Swan Ampleforth	1448
	19.3 / 33.1	→ Yearsley Moor	1455
	22.2 / 34.7	← Oulston	1502
	23.0 / 37.0	← Crayke Lane Crossroads	1505
	25.7 / 41.4	↑ Yearsley Crossroads	1512
	26.8 / 43.1	← Black Hill	1514
	29.5 / 47.4	← Fairfax Arms Gilling	1521
Lap 3 large circuit	31.5 / 50.7	Start lap	1527
	32.7 / 53.4	← White Swan Ampleforth	1530
	35.9 / 57.9	→ Yearsley Moor	1538
	38.8 / 61.4	← Oulston	1544
	39.6 / 63.7	← Crayke Lane Crossroads	1547
	42.3 / 68.1	↑ Yearsley Crossroads	1554
	43.4 / 69.8	← Black Hill	1556
	46.1 / 74.1	← Fairfax Arms Gilling	1603
Lap 4 small circuit	48.1 / 77.4	Start lap	1609
	49.3 / 79.4	← White Swan Ampleforth	1612
	52.9 / 85.2	← Yearsley Crossroads	1621
	53.9 / 86.8	← Black Hill	1623
	56.7 / 91.2	← Fairfax Arms Gilling	1630
Lap 5 small circuit	58.6 / 94.3	Start lap	1636
	59.8 / 96.2	← White Swan Ampleforth	1639
	63.0 / 101.5	← Yearsley Crossroads	1648
	64.4 / 103.7	← Black Hill	1651
	67.2 / 108.3	← Fairfax Arms Gilling	1657
Lap 6 small circuit	69.1 / 111.2	Start lap	1703
	70.3 / 113.1	← White Swan Ampleforth	1708
	73.5 / 118.4	← Yearsley Crossroads	1715
	74.9 / 120.6	← Black Hill	1718
	77.7 / 125.2	← Fairfax Arms Gilling	1725
Lap 7 small circuit	79.6 / 128.1	Start lap	1731
	80.8 / 130.1	← White Swan Ampleforth	1734
	84.0 / 135.3	← Yearsley Crossroads	1743
	85.4 / 137.4	← Black Hill	1745
	88.2 / 142.1	← Fairfax Arms Gilling	1752
Lap 8 small circuit	90.1 / 145.0	Start lap	1758
	91.3 / 146.9	← White Swan Ampleforth	1801
	94.5 / 152.2	← Yearsley Crossroads	1810
	95.9 / 154.4	← Black Hill	1813
	98.7 / 159.0	← Fairfax Arms Gilling	1819
	100.6 / 161.9	FINISH	1825

The Ryedale Roll of Honour

Year	Event Title	Venue	Winner Men's/Open Race	Winner Women's Race
2005	National Road Race Championship	Helmsley	Russ Downing	Nicole Cooke
2006	Ryedale Grand Prix	Helmsley	Evan Oliphant	not held
2007	Ryedale Grand Prix	Helmsley	Chris Newton	not held
2008	National Road Race Championship	Helmsley	Rob Hayles	Nicole Cooke
2009	Ryedale Grand Prix	Helmsley	Russ Downing	not held
2010	Ryedale Grand Prix	Helmsley	Rob Partridge	not held
2011	Ryedale Grand Prix	Helmsley	Jonathan Tiernan-Locke	not held
2012	National Road Race Championship	Ampleforth	Ian Stannard	Sharon Laws
2013	Ryedale Grand Prix	Ampleforth	Joe Perrett	Hannah Barnes
2014	Ryedale Grand Prix	Ampleforth	Richard Handley	Nikki Juniper
2015	Ryedale Grand Prix	Ampleforth	Ian Bibby	Nikki Juniper
2016	Ryedale Grand Prix	Ampleforth	Ian Bibby	Nikki Juniper
2017	Ryedale Grand Prix	Ampleforth	Ollie Wood	Laura Massey
2018	Ryedale Grand Prix	Ampleforth	Graham Briggs	Anna Henderson
2019	Ryedale Grand Prix	Ampleforth	James Shaw	Claire Steels
2020	Ryedale Grasscrete Grand Prix		Not held due to Covid Pandemic	
2021	Ryedale Grasscrete Grand Prix	Ampleforth	Alex Peters	Illi Gardner
2022	Ryedale Grasscrete Grand Prix	Ampleforth	Alex Richardson	Abi Smith
2023	Ryedale Grasscrete Grand Prix	Ampleforth	Harry Birchill	Millie Couzens



AMPLEFORTH
ABBEY



Ampleforth Abbey

Visitor Centre &
Tea Room

Open 10.00 - 17.00 daily

- Breakfast rolls
- Lunch
- Homemade cakes

www.ampleforthabbey.org.uk



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