

Permeable grass paving with Grasscrete



GrassConcrete

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www.grasscrete.com

British Cycling Yorkshire Region promotes



the RYEDALE GRAND PRIX cycle road races

Ampleforth, North Yorkshire

To be held under British Cycling Technical Regulations

www.ryedalegrandprix.co.uk

Programme £1 on the day



Incorporating

the Peter Longbottom Memorial

www.grasscrete.com



WELCOME

Last year's promotion of the event as the National Road Race Championships featured our first use of Ampleforth Abbey as a start and finish venue, with two new circuits that saw the events pass through the grounds with each lap.

Moving onto this year's events we return to our traditional Ryedale Grand Prix format, but using the feedback received we have made the decision to stay with Ampleforth Abbey as our venue. This gives us the scope to feature a full day of racing so that in addition to the traditional Premier Calendar Men's Race we can also incorporate a round of the National Women's Series, both will come with the added pressure of being the final round of the series and for the women's event will also include the National Junior Road Championship.

The overall distances are naturally a little shorter than for last year's Championship events, but to maintain the spectator experience we've shortened the first circuit to increase the number of passages through the Abbey grounds, in doing so the riders face a challenge worthy of the event's status as National Series events. For the Men's race there's the added edge that will come from it being the finale of the prestigious Premier Calendar Series, with all to play for in the overall standings the Ryedale is the ideal stage for the drama to be played out.

If you're planning to stay in the area over the weekend, then we've a couple of suggestions:

- 1) Contact the Tourist Information Centre in Malton, they will be able to help you with accommodation bookings from hotels to camping. Try them at maltontic@btconnect.com
- 2) Why not try a leisurely spin on Saturday with the Skyride local along the Howardian Heritage Route from Malton, contact <http://www.goskyride.com/Search/Details?eventid=24800> for further details.

Enjoy your weekend in Ryedale

Bob Howden

Event Organiser & Race Director

EVENT OFFICIALS — CONTACTS

Organiser / Race Director

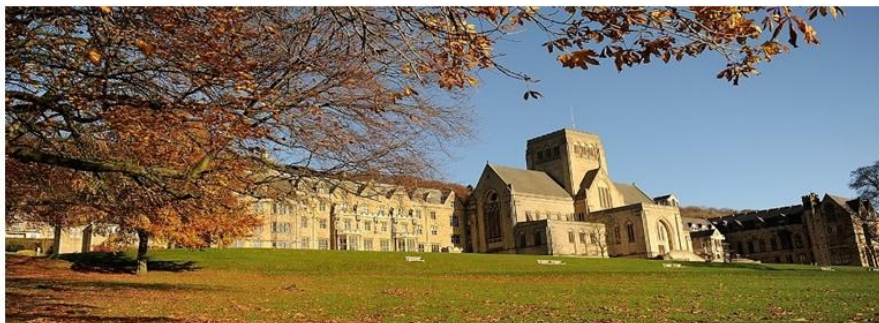
Bob Howden

Garden Gate Cottage, Intake Lane, Stanley, Wakefield, West Yorkshire, WF3 4HX.

Tel: 01924 379443 (day) 01924 826772 (evening) 07739 892056 (mobile)

Email: bobhowden@grasscrete.com

	WOMEN	MEN
Chief Commissaire	Jason Metcalfe	Kevan Sturgeon
No. 2 Commissaire	Kevan Sturgeon	Jason Metcalfe
No. 3 Commissaire		Julia Gilbert
Moto Commissaire	Rob Finegan	Rob Finegan
Blackboard	Elaina Kennedy	Elaina Kennedy
Chief Judge	Marc Etches	Marc Etches
Convoy Announcer	Carl Lawrenson	Carl Lawrenson
Master of Ceremonies	Mike Smith	Mike Smith
Chief Marshal	Ian Holmes	Ian Holmes
Logistics Manager	Ian Hirst	Ian Hirst
Radio Support	Phill Wibberley	Phill Wibberley
Registration Manager	Pete Sutton	Pete Sutton
Signing on stewards	Lois Scott Vanessa Proctor	Lois Scott Vanessa Proctor
Hospitality Team	Ceri Howden Amy Wibberley	Ceri Howden Amy Wibberley
Officials food	Debs Sutton	Debs Sutton
Accounts	Keith Scott	Keith Scott



Discover Ampleforth Abbey & Grounds

Ampleforth Abbey has been home to a Community of Benedictine monks since 1802. The Abbey Church is open to visitors all year round. Guided tours are available every Thursday at 2:15 pm or by appointment.

Explore the beautiful lakes, trails and woodlands or take advantage of the extensive sports facilities including golf, swimming and an activity and training centre.

Enjoy a refreshing cup of tea in the Tea Room, where home-made sandwiches, light meals and afternoon tea are served.

In the Abbey Shop you will find a wide selection of gifts and monastic produce including the famous Ampleforth Cider and award winning Ampleforth Amber.

The Visitor Centre tells the story of Ampleforth and details the day to day life of the monastic Community.

The Abbey Church, Visitor Centre, Tea Room and Abbey Shop are open every day .

Ampleforth Abbey, York, YO62 4EN
01439 766000
www.visitors.ampleforth.org.uk



and thanks to.

To bring this event to you BC Yorkshire's Board and Events Group have teamed up with local York based clubs as well as many others who have stepped forward to put the event on the road, without you all this just wouldn't happen.

It certainly wouldn't happen without the financial support of our sponsors, there's Grass Concrete Limited who have supported each edition of the Ryedale Grand Prix via their Grasscrete paving system. Ryedale District Council who have never made us feel any less than welcome and who continue to support us through these trying financial times finding a place in their budget to work with us.

For the first time this year the event will feature a system that has road closure at each junction controlled by Community Traffic Management working with our team of volunteer marshals. On the road the convoy will be in the hands of North Yorkshire Police Motorcycle Escort Team and the excellent British Cycling National Escort Group who give up so much of their time to the sport.

Our hosts Ampleforth Abbey and College and in particular their St Albans Centre continue to support us with all that we seek to do.

To the British Cycling Commissaires and Officials who on a voluntary basis give up their time to keeping our wheels turning.

No names in all of this, the list would be too long as indeed is the debt we owe.

As with each edition of the Ryedale Grand Prix this event is dedicated to the memory of local Olympian Peter Longbottom. He was sadly killed in a traffic accident towards the end of his racing career but at the young age of 38 in 1998. The winner of the Men's race will receive a trophy in his honour.

Front cover image courtesy of Cheryl King

EVENT TIMETABLE

Women's Elite Grand Prix and Junior National Championship

0915 hrs	Race convoy leaves the Race HQ.
0925 hrs	Announcer's Introduction
0930 hrs	START
1134 hrs	Scheduled FINISH
1145 hrs	Presentation

Men's Elite Grand Prix

1300 hrs	Race convoy leaves the Race HQ
1310 hrs	Announcer's introduction
1315 hrs	START
1726 hrs	Scheduled FINISH
1745 hrs	Presentation

Venue

Ampleforth Abbey and College

All Spectator Access

Estate Office Entrance

Ampleforth

YO62 4EN

Please arrive via Oswaldkirk as other directions will conflict with the circuits

A Warm Yorkshire Welcome....

Ryedale District Council is delighted to be working once again with British Cycling and other partners to bring the best cyclists in the country to Ampleforth. The Ryedale Grand Prix will provide a unique opportunity for both local people and visitors to the area to sample all that Ryedale has to offer as well as enjoying the very best of road racing.

It will be a fantastic day out for all the family!

Ideal Biking Territory....

Ryedale is a cyclist's paradise. For those of you who enjoy cycling the quiet lanes, the forest tracks and old railway lines, the Moor to Sea Cycle Route provides some great places for families to cycle. For the more adventurous, a network of bridleways can take you up hill and down dale for as far as your legs can take you. If you want to really test your stamina and skills, try the graded mountain bike trails at Dalby Forest which has hosted the Mountain Bike World Cup for the past two years. Outside the forests, the North York Moors National Park is prime mountain biking country with over 500 miles of bridleways, byways and green lanes to explore, all in remote, unspoilt countryside. Alternatively, the Yorkshire Wolds Cycle Route takes in the gentle undulating hills and picture postcard villages of the Wolds.

Explore and enjoy all that Ryedale has to offer.

Get the most out of your visit by using Ryedale's Tourist Information Centres



Get your information in advance by post, email, or telephone, or call in when you arrive for a warm welcome and personal service.

- Malton -	- Pickering -	- Helmsley -
The Library, St Michael Street YO17 7LJ - Tel 0800 137 233 maltontic@btconnect.com	The Ropery (next to Library) YO18 8DY - Tel 0800 854 047 pickeringtic@btconnect.com	at Castle Visitor Centre YO62 5AB - Tel 01439 770173 helmsley.tic@english-heritage.org.uk

- Advance & counter local accommodation bookings
- Counter bookings for anywhere in the UK
- Walking & activities
- Timetable and travel enquiries
- Maps, guide books, souvenirs & crafts.
- Theatre & events tickets
- Discounts to attractions

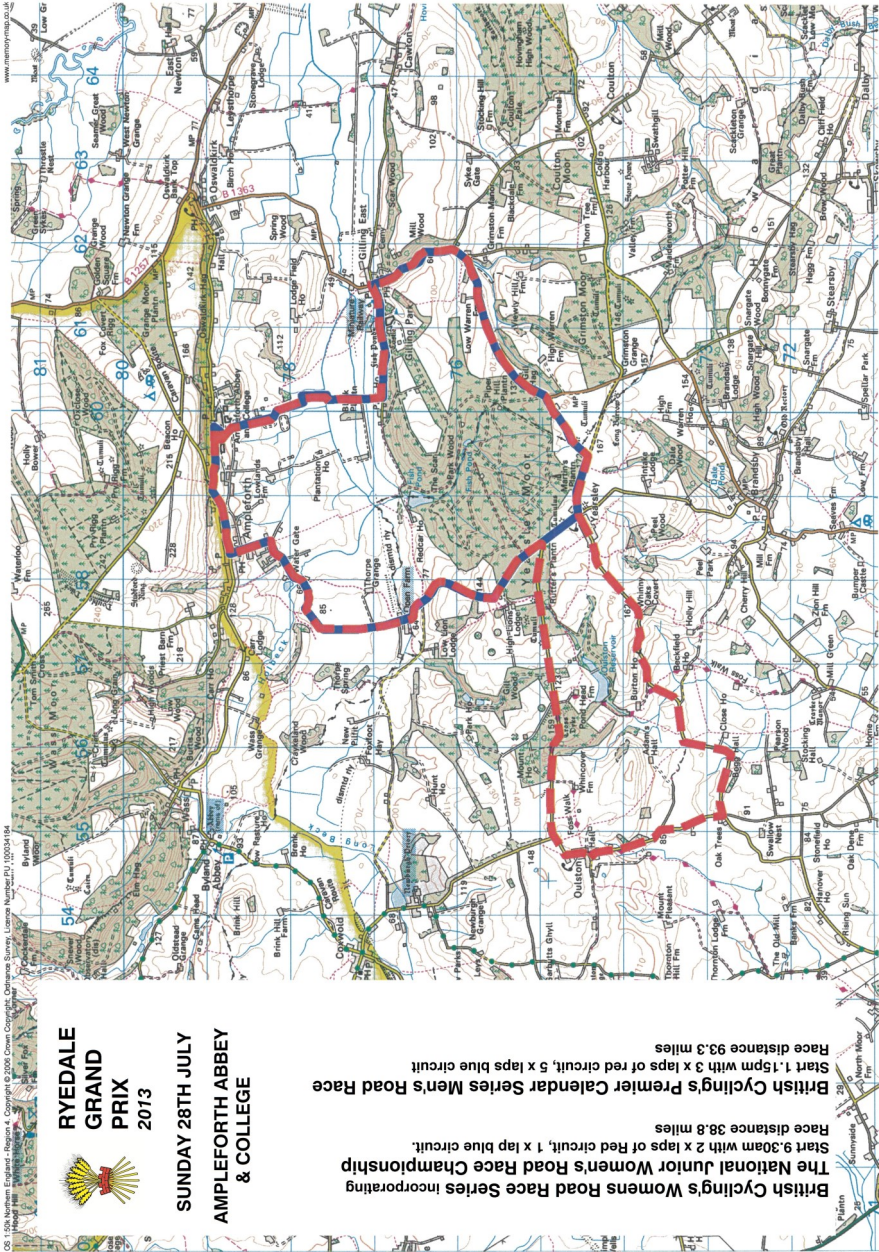
RYEDALE
DISTRICT
COUNCIL



PRIZES

	WOMEN	MEN
	Junior Championship	
1st	£100 Gold medal and jersey	
2nd	£75 Silver medal	
3rd	£50 Bronze medal	
	Elite	Elite
1st	£500	£500 + Peter Longbottom trophy
2nd	£375	£375
3rd	£300	£300
4th	£215	£215
5th	£175	£175
6th	£150	£150
7th	£125	£125
8th	£90	£90
9th	£75	£75
10th	£60	£60
11th		£60
12th		£50
13th		£50
14th		£50
15th		£40
16th		£40
17th		£40
18th		£30
19th		£30
20th		£30

COURSE MAPS



WOMEN'S TIMINGS

	Mileage	Location	Time
Lap 1 large circuit	0.0	Start / Neutralised	0930
	1.2	← White Swan Ampleforth	0935
	2.0 / 0.0	De-neutralised	0938
	2.3	→ Yearsley Moor	0945
	4.5	← Oulston	0952
	5.9	← Crayke Lane Crossroads	0956
	8.4	↑ Yearsley Crossroads	1003
	11.4	← Fairfax Arms Gilling	1012
Lap 2 large circuit	13.4	Start lap	1018
	14.6	← White Swan Ampleforth	1022
	17.7	→ Yearsley Moor	1031
	19.9	← Oulston	1038
	21.3	← Crayke Lane Crossroads	1042
	24.1	↑ Yearsley Crossroads	1050
	27.1	← Fairfax Arms Gilling	1059
Lap 3 small circuit	29.1	Start lap	1105
	30.3	← White Swan Ampleforth	1109
	33.8	← Yearsley Crossroads	1119
	36.8	← Fairfax Arms Gilling	1128
	38.8	FINISH	1134

MEN'S TIMINGS

	Mileage	Location	Time
Lap 1 large circuit	0.0	Start / Neutralised	1315
	1.2	← White Swan Ampleforth	1320
	2.0 / 0.0	De-neutralised	1323
	2.3	→ Yearsley Moor	1329
	4.5	← Oulston	1335
	5.9	← Crayke Lane Crossroads	1338
	8.4	↑ Yearsley Crossroads	1345
	11.4	← Fairfax Arms Gilling	1352
Lap 2 large circuit	13.4	Start lap	1358
	14.6	← White Swan Ampleforth	1401
	17.7	→ Yearsley Moor	1409
	19.9	← Oulston	1415
	21.3	← Crayke Lane Crossroads	1418
	24.1	↑ Yearsley Crossroads	1426
	27.1	← Fairfax Arms Gilling	1434
Lap 3 large circuit	29.1	Start lap	1439
	30.3	← White Swan Ampleforth	1442
	33.4	→ Yearsley Moor	1450
	35.6	← Oulston	1453
	37.0	← Crayke Lane Crossroads	1459
	39.8	↑ Yearsley Crossroads	1507
	42.8	← Fairfax Arms Gilling	1515
Lap 4 small circuit	44.8	Start lap	1520
	46.0	← White Swan Ampleforth	1523
	49.5	← Yearsley Crossroads	1532
	52.5	← Fairfax Arms Gilling	1540
Lap 5 small circuit	54.5	Start lap	1545
	55.7	← White Swan Ampleforth	1548
	59.2	← Yearsley Crossroads	1558
	62.2	← Fairfax Arms Gilling	1605
Lap 6 small circuit	64.2	Start lap	1610
	65.4	← White Swan Ampleforth	1613
	68.9	← Yearsley Crossroads	1622
	71.9	← Fairfax Arms Gilling	1630
Lap 7 small circuit	73.9	Start lap	1636
	75.1	← White Swan Ampleforth	1639
	78.6	← Yearsley Crossroads	1648
	81.6	← Fairfax Arms Gilling	1656
Lap 8 small circuit	83.6	Start lap	1701
	84.8	← White Swan Ampleforth	1704
	88.3	← Yearsley Crossroads	1713
	91.3	← Fairfax Arms Gilling	1721
	93.3	FINISH	1726